

believe that even £1,000 a year will do so.—I enclose my card, and am, Sir, yours faithfully,

CURIOSITY.

To the Editor of the "Nursing Record."

SIR,—I shall be glad if you will allow me to correct a misprint in my letter of last week, in which "Dress for Nurses" is exchanged for "Diet for Nurses," which was the subject to be discussed in your columns, as I rejoiced to see. The paper was read before the Hospitals Association in 1885, but the subject has not yet received the attention it deserves.

22nd June, 1888.

LOUISA TWINING.

To the Editor of "The Nursing Record."

SIR,—St. Bartholomew's Hospital is to be congratulated on the power it evidently possesses for stimulating literary talent. Mrs. Bedford Fenwick, Miss Isla Stewart, Miss Mollett, Miss Mary Lock, and now Miss Annie Blissett, all seem to have been inspired by residence in this stately and beautiful old hospital.

There are a few points, however, in Miss Blissett's paper, upon which I should like to remark. Nurses should be allowed at least three-quarters of an hour for dinner, instead of "from twenty minutes to half-an-hour," and the time off-duty specified, is far from sufficient to maintain Nurses in good health. They require a little fresh air every day, if possible; or, at least, it should be arranged that they are able to get off duty by daylight, every alternate day. Though it is a common practice to "fag" Probationers, it is a most pernicious custom, and one which should not be tolerated in a well-superintended ward. The work of the Sister, Staff Nurse, and Probationer should be so arranged that all take a helpful share, and, although necessarily the most uninteresting duties devolve upon the Probationer, those in immediate authority over her should recollect that she is ignorant of her duties, has not acquired celerity from frequent practice, and that there is a limit to human patience and endurance. A ward where the Staff Nurse is permitted to look upon the Probationer as nothing more nor less than her *drudge*, instead of her *pupil*, is a badly organised ward, and the sooner the relative duties are rearranged, the better for all concerned.

FAIR PLAY.

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1.—Contributions must reach the Editor, at the office of THE NURSING RECORD, not later than July 26th, 1888, addressed as follows, "Prize Essay Competition, THE NURSING RECORD, St. Dunstan's House, Fetter Lane, London, E.C."

2.—Manuscript must be written distinctly in ink, and on one side of the paper only, upon not less than 24 or more than 30 pages of ordinary-sized ruled sermon paper. The pages must be numbered and fastened together.

3.—The real and full name and address (stating whether Miss or Mrs.) of the Competitor must be inscribed on the back of each contribution, and notification of which hospital or institution the Competitor has been or is attached to.

4.—Trained nurses or those personally associated with nursing work only allowed to compete.

The decision of the Prize Essay Editor to be final, and any infringement of the above rules will be considered a disqualification.

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— NOTICES. —

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Correspondents are requested to write on one side of the paper only, and give their real names and addresses, not necessarily as signatures to their letters, but as a guarantee of good faith. Unless this rule be strictly adhered to, no notice will be taken of such communications.

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